



ST LAWRENCE C of E PRIMARY SCHOOL

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Dear Parents

We aim to start going outside for PE during next half term. We will notify you of exactly when via Tapestry. To help you get ready, your child will need well-fitting trainers or plimsolls that they are able to put on, fasten and take off themselves. You may also wish to provide jogging bottoms/leggings and a hoodie/sweatshirt in case it is still cold. Please make sure everything is clearly named.

We also hope to start swimming after Easter. This may be a while off but we would be very grateful if you could start getting your child ready by:

- Making sure they are able to change, dry and dress themselves before and after swimming. This includes towel-drying wet hair. Bath time would be a good time to practise!
- Providing a swimming costume that they find easy to put on and take off. This is especially relevant to girls – complicated straps can be very tricky! Please practise at home.
- Providing a swimming hat that they are able to put on themselves or with minimal help. Fabric ones tend to be easier than rubber ones as these can pull hair and are harder to put on.
- Making sure that everything, including underwear and socks, is clearly named.

We will be in touch nearer the time with more information about when we will be swimming and what to provide.

Thank you very much for your support with the points above. It is important for the children to be as independent as possible in this regard and it will make the whole experience of swimming in our wonderful pool as pleasurable and beneficial as possible for everyone.

Best regards

The Foundation Stage Team

Class letters/FS PE and Swimming letter
12/02/2019

National Teaching School and National Support School



International School Award
